

Wellness is the Bliss



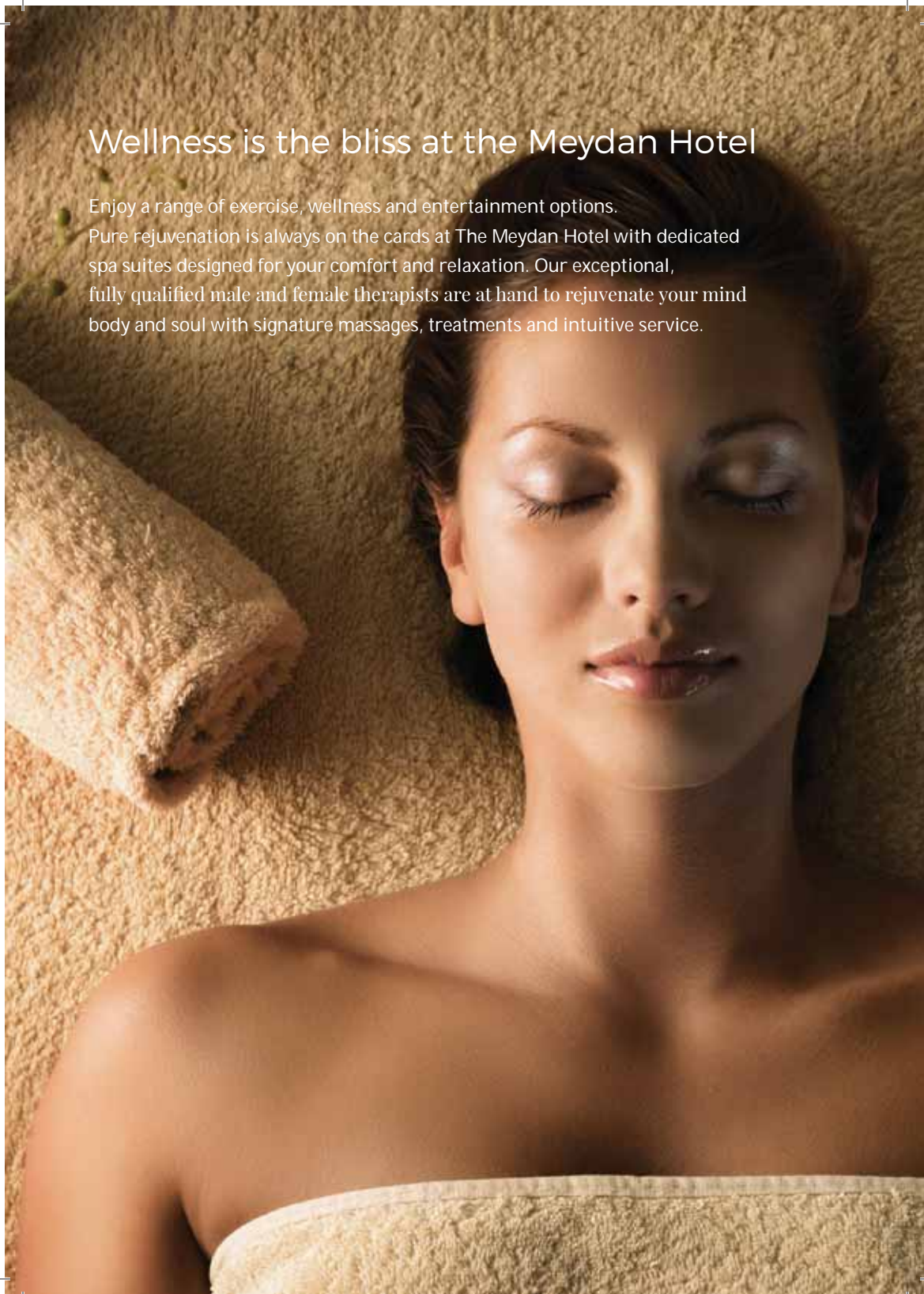




Wellness is the bliss at the Meydan Hotel

Enjoy a range of exercise, wellness and entertainment options.

Pure rejuvenation is always on the cards at The Meydan Hotel with dedicated spa suites designed for your comfort and relaxation. Our exceptional, fully qualified male and female therapists are at hand to rejuvenate your mind body and soul with signature massages, treatments and intuitive service.



Spa Treatments

MASSAGES

Meydan Signature Massage (Sandalwood Sensation)

A deeply relaxing massage experience performed with a argan and sandalwood organic massage oil. The combination of warm stones and flowing movements allows the body and mind to drift away.

60 / 90 Min - AED 400 / 500

Jockey Indulgence (Back Massage Delight)

An amazing treatment to release muscular tension in the back and neck. An organic sandalwood massage oil ensures ultimate relaxation and refocused the mind.

30 Min - AED 250

Balinese Massage

Experience a variety of massage techniques – gentle stretching, acupressure and application of aromatherapy oils to stimulate the flow of blood, oxygen and Qi energy around the body. Relax, increase your circulation and feel spiritually renewed.

60 / 90 Min - AED 375 /475

Hot stone Massage

A combination of warm aromatherapy oils, heated basalt stones and strong massage techniques that create lasting impression and instant benefits that melt away your stress and tension. The massage eases aches and pains and balances key energy points.

60 / 90 Min – AED 450 / 550

Sports Massage (Deep Tissue Massage)

A form of bodywork geared towards participation in athletics. Used to help prevent injuries, to prepare the body for athletic activity and maintain its optimal condition and to help recover from workouts and injuries

60/90 Min – AED 375 /475

BODY TREATMENTS & UPGRADES

Citrus Body Exfoliation

An amazing treatment performed with 100% organic body scrub with orange to combine hydration, purification and wellbeing

30 Min / AED 315

Neroli Blossom Experience

Regenerating body treatment combining an invigorating orange and grapefruit exfoliation followed by a purifying body rhassoul mask with neroli. A final hydrating application of sandalwood body oil.

60 Min / AED595

Argan Scalp Massage

Performed using an organic argan hair serum this treatment provides nutrition and nourishment to the scalp and hair while repairing and restoring radiance. A scalp massage helps focus the mind and release stress.

30Min / AED 250

Reviving Foot Therapy

A warm towel cleanse opens this foot ritual, Argan oil is combined with mint in a cooling mask application to the feet and legs and a massage to boost circulation and relieve the feeling of tired legs and feet

30 Min / AED 250

RITUALS

Argan Scalp Massage 30Min
Sandalwood Sensation Massage 60Min
Citrus Body Exfoliation 30Min
2hour / AED 760

Neroli Blossom Reviver 60Min
Sandalwood Sensation Massage 60Min
2hour / AED 795

Neroli Blossom Reviver 60Min
Argan Scalp Massage 30Min
Reviving Foot Therapy 30Min
2hour / AED 825

FACIALS

Balance Facial
Regulating power of ylang-ylang and antiseptic properties of lavender and tea-tree are used in this treatment to refresh the skin and help balance its natural sebaceous secretion.
60 / 90 Min – AED 400 / 500

Rose Anti-Age Facial
this facial uses the age old properties of Rose and frankincense to smooth and revitalize the skin texture and encourages cell renewal. A soothing back massage followed by a double layer of masks interspersed with a series of relaxing yet firm facial massages that concentrate on areas most affected by ageing process.
70 Min - AED 560

Exclusive Mens Facial
Freshening and brightening plant extract and essential oils leaves skin clear and invigorated.
60Min – AED 400



Pool Access Fee

Pool located on 11th floor. We have one infinity pool and one kid's pool. infinity pool opening timing is from 7am till 7pm and kid's pool 9am till 6pm. Both pools are heated.

| | |
|-------|-----|
| Adult | 155 |
| Kids | 105 |

Gym

The Gym is located on 11th floor. Gym open 24 hours for guest in-house only, Members and walking guest can use gym from 7am till 11pm. We provide complimentary towels, water and fruits for gym users.

Health club membership Prices:

| Membership Category | 1 Week | 1 Months | 3 Months | 6 Months | 1 Year |
|-----------------------|--------|----------|----------|----------|--------|
| Single | 310 | 720 | 1855 | 3565 | 7125 |
| Couple | 560 | 1320 | 3465 | 6345 | 12250 |
| Family with one child | | 1560 | 4000 | 7420 | 14300 |
| Family with two child | | 1755 | 4490 | 8490 | 16350 |

Stable Tour

Enjoy an exclusive behind-the-scenes peak into the glamour of horseracing. Take a seat ring-side at the "Breakfast with Champions" and watch equine champions being put their paces. Your tour includes access to the jockeys' room, saddling paddock and parade ring so you can live all the excitement first-hand.

| | |
|----------------------------------|-----|
| Stable tour Adult With Breakfast | 325 |
| Stable tour Child With Breakfast | 235 |
| Stable tour Adult No Breakfast | 275 |
| Stable tour Child No Breakfast | 185 |



#MEYDANGOLF

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ABOUT MEYDAN GOLF

The Track, Meydan Golf Dubai is managed by leading Golf management company, Troon Golf, and is a popular choice among golfers in Dubai. With its unique pay & play structure, the first of its kind in the city, The Track is an accessible and welcoming environment for golfers of all skill levels.

Designed by renowned course architect, Peter Harradine, The Track is completely flood-lit, open until 11pm and promises golfers plenty of exciting challenges and water features as well. The game ends at the 19th hole – Qube sports bar, complete with delicious food and a world-class schedule of international sports being shown on giant cube projection screens.

STAY LONGER, PLAY MORE

Golf and sophistication have long been linked – a tradition we value at The Meydan Hotel. Stay in any of our luxurious rooms or suites for three nights or more and enjoy access to an acclaimed array of restaurants, sumptuous facilities as well as a very special unlimited golf offer at the Peter Harradine-designed Meydan Golf.

TERMS

- Offer only valid on stays of three nights and more
- Special unlimited supplement for guests at AED 525 per person includes:
- Unlimited rounds of golf at The Track Meydan Golf valid from Sunday to Thursday
- One large bucket of driving range balls on Friday and Saturday
- Access to short game facilities

GO GREEN FOR LESS

TERMS

- Offer only valid on stays of seven nights and more
- Discounted green fees are as follows:
- AED 175 for 9 holes
- AED 275 for 18 holes
- Rental sets are available at AED 195 per person

THE MEYDAN
HOTEL - DUBAI

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